



The Olympics first started in around 776 ad and is still going on today maybe not this year.

Participant's

- The participants had to be young men no one else, they had to be free men and speak Greek
- They normally competed nude

The prize was a crown of olives [a sign of hope and peace]

Olympic games

- The first Olympic game was called a stade race and has transformed into boxing, running races, wrestling, chariot racing, long jump, javelin and discus throwing

By Ellis Burrows