

# INSET DAY

Day/ Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 9:30	INSET DAY	Joe Wicks Daily Workout	Joe Wicks Daily Workout	Joe Wicks Daily Workout	Joe Wicks Daily Workout
9:30 –9:45		Maths Warm up: Times Table Rockstars	Maths Warm up: Maths Attack	Maths Warm up: Numbots	Maths Warm up: Maths Attack
9:45-10:30		Maths: White Rose Lesson 1 Measuring Mass	Maths: White Rose Lesson 2 Compare Mass	Maths: White Rose Lesson 3 Introduce Capacity & Volume	Maths: White Rose Lesson 4 Measuring Capacity
10:30- 11:00		Break Time :- run in the garden/ skipping challenge / trampolining/ kicking a ball/ free play	Break Time :- run in the garden/ skipping challenge / trampolining/ kicking a ball/ free play	Break Time :- run in the garden/ skipping challenge / trampolining/ kicking a ball/ free play	Break Time :- run in the garden/ skipping challenge / trampolining/ kicking a ball/ free play
11:00- 11:20		Drink and snack – Story Time – David Walliams/ Mr. Smith’s story time/ listen to a story	Drink and snack – Story Time – David Walliams/ Mr. Smith’s story time/ listen to a story	Drink and snack – Story Time – David Walliams/ Mr. Smith’s story time/ listen to a story	Drink and snack – Story Time – David Walliams/ Mr. Smith’s story time/ listen to a story
11:20 – 12:10		English Activity – Bluebird and Coyote Story sequencing and retelling	English Activity – Bluebird and Coyote Character profiles	English Activity – Contractions in words	English Activity- Exclamation Marks
12:10- 1:00		Lunch and Break Time Go Noodle/ Cosmic Yoga/play a game	Lunch and Break Time Go Noodle/ Cosmic Yoga/play a game	Lunch and Break Time Go Noodle/ Cosmic Yoga/play a game	Lunch and Break Time Go Noodle/ Cosmic Yoga/play a game
1:00- 1:20		Reading comprehension (see activity sheet)	Reading own book Phonics/Spelling card	Reading and/or spelling Y1 and 2 common exception words	Reading own book My Grammar Workout!
1:20- 3:00		Topic: A Wonderful World North America & USA	Science: Skittles Colour Mixing & Dancing Raisins	DT:- Recipes from America	Art: Totem Pole

