

Thursday

Measures - Weight

Warm up

- Roll a large dice. Say the number and clap this number of times altogether.
- Watch the counting back from 20 song <https://youtu.be/fS6OrraBhz4>. Practise carefully walking backwards like a robot counting down from 20.

Activities

Explain that today we are going to be exploring weight and measuring ingredients to do some baking! Show your child a measuring scale and look at how the numbers change when you place an object on top, or use the interactive example here

<https://www.ictgames.com/mobilePage/mostlyPostie/index.html>



If you do not have access to a weighing scale for baking, please just use cups (1 cup = 125g).

When measuring, show your child how to look at the numbers on the scale and weight out the correct amount of ingredients.

Feel free to use your own special recipe or follow the one below:

<https://www.bbcgoodfood.com/recipes/chocolate-rice-krispie-cakes>

Ingredients

- 100g [milk chocolate \(2/3 cup\)](#)
- 50g [dark chocolate \(1/3 cup\)](#)
 - 100g [butter \(1/2 cup\)](#)
- 4 tbsp [golden syrup or honey](#)
- 100g rice pops/Rice Krispies (1 cup)
 - To decorate
- 50g [milk chocolate \(1/3 cup\)](#)

- Optional sprinkles, mini marshmallows, sweets or white chocolate buttons

*Remember to discuss healthy eating and how sweet treats are ok if we don't have them all the time and eat a balanced diet!

*There is a fun interactive cooking game here too <https://pbskids.org/luna/games/chef-leos-crazy-kitchen>