

## RE

WALT: explore Hindu beliefs about the journey of life

In this lesson, we are looking at Hinduism. What can you remember about Hinduism? Where do Hindus worship?

Hindus believe in **reincarnation**.

Reincarnation is when a person is reborn into something new when they die. It is the cycle of birth, death and rebirth. Hindus believe that your rebirth depends on the karma you build up in your life. If you do good actions in life you build up good karma. If you do bad actions in life you build up bad karma. If when you die, you have bad karma you will be reborn into something lesser, for example, a fly or a plant. If you have good karma when you die you will be reborn into something higher, for example, a human.

In this video, Simran and Vraj explain Hindu beliefs about birth, death and rebirth.

[https://www.youtube.com/watch?v=Uq6\\_HUMtQtI&list=PLcvEcrsF\\_9zLN3DArb\\_4G8Y5EHbSTRLDL&index=4](https://www.youtube.com/watch?v=Uq6_HUMtQtI&list=PLcvEcrsF_9zLN3DArb_4G8Y5EHbSTRLDL&index=4)

Can you draw your own diagram, like Vraj's, to show the Hindu journey of life?

