

| Reception | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
|---|---|--|---|--|--|--|
| <p>Being a Big Kid</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Understand that our private parts belong only to us • How to respond to 'uh oh' feelings • Who we can speak to about our feelings <p>My Body</p> <ul style="list-style-type: none"> • Be aware of how to take care of our bodies • Toilet hygiene | <p>Being a Big Kid</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Understand that our private parts belong only to us • How to respond to 'uh oh' feelings • Who we can speak to about our feelings • Understand how our bodies tell us things <p>My Body</p> <ul style="list-style-type: none"> • Use correct names for certain body parts • Be aware of how to take care of our bodies • Toilet hygiene • Dental hygiene | <p>Being a Big Kid</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Understand that our private parts belong only to us • How to respond to 'uh oh' feelings • Who we can speak to about our feelings • Understand how our bodies tell us things <p>My Body</p> <ul style="list-style-type: none"> • Use correct names for certain body parts • Be aware of how to take care of our bodies • Dental hygiene <p>Growing & Changing</p> <ul style="list-style-type: none"> • How bodies are similar and different (the range of normality) | <p>Body Changes</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Use correct names for body parts • Understand how our bodies tell us things • Be aware of how to take care of our bodies <p>All Shapes & Sizes</p> <ul style="list-style-type: none"> • How bodies are similar and different (the range of normality) <p>Respect and Consent</p> <ul style="list-style-type: none"> • How to identify and communicate our feelings • Asking permission to touch other people (consent) • How to respond to 'uh oh' feelings | <p>Body Changes</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Use correct names for body parts • Understand how our bodies change as we grow • Understand how our bodies tell us things • Personal hygiene <p>All Shapes & Sizes</p> <ul style="list-style-type: none"> • How bodies are similar and different (the range of normality) • Body image & how fashion changes <p>Respect and Consent</p> <ul style="list-style-type: none"> • How to identify and communicate our feelings • Asking permission to touch other people (consent) • How to respond to 'uh oh' feelings | <p>All Change</p> <ul style="list-style-type: none"> • Know what makes each of us unique and special • Use correct names for body parts • Understand how our bodies change as we grow • Understand how our body tells us things • Be aware of how to take care of our bodies <p>Body Image</p> <ul style="list-style-type: none"> • How bodies are similar and different (the range of normality) <p>Respect and Consent</p> <ul style="list-style-type: none"> • How to respond to 'uh oh' feelings • How to | <p>All Change</p> <ul style="list-style-type: none"> • Use correct names for body parts • How hormones affect the body and mind • The changes associated with puberty • Personal hygiene <p>Body Image</p> <ul style="list-style-type: none"> • Body Image and media portrayal • Managing worries associated with growing up • Know what makes us unique and special <p>Respect and Consent</p> <ul style="list-style-type: none"> • How to respond to 'uh oh' feelings |