

Y1	Y2	Y3	Y4	Y5	Y6
Being a Big Kid	Being a Big Kid	Body Changes	Body Changes	All Change	All Change
<ul> <li>Know what makes each of us unique and special</li> </ul>	<ul> <li>Know what makes each of us unique and special</li> </ul>	<ul> <li>Know what makes each of us unique and special</li> </ul>	<ul> <li>Know what makes each of us unique and special</li> </ul>	<ul> <li>Know what makes each of us unique and special</li> </ul>	<ul> <li>Use correct names for body parts</li> </ul>
Understand that our private parts belong only to us	<ul> <li>Understand that our private parts belong only to us</li> </ul>	<ul> <li>Use correct names for body parts</li> </ul>	<ul> <li>Use correct names for body parts</li> </ul>	Use correct names for body parts	<ul> <li>How hormones affect the body and mind</li> </ul>
How to respond to 'uh oh' feelings	<ul> <li>How to respond to 'uh oh' feelings</li> </ul>	<ul> <li>Understand how our bodies tell us things</li> </ul>	<ul> <li>Understand how our bodies change as we grow</li> </ul>	Understand how our bodies change as we grow	The changes associated with puberty
Who we can speak to about our feelings	Who we can speak to about our feelings	Be aware of how to take care of our bodies	<ul> <li>Understand how our bodies tell us things</li> </ul>	<ul> <li>Understand how our body tells us things</li> </ul>	Personal hygiene
Understand how our bodies tell us things	<ul> <li>Understand how our bodies tell us things</li> </ul>	All Shapes & Sizes	Personal hygiene	Be aware of how to take care of our bodies	Body Image
My Body	My Body	<ul> <li>How bodies are similar and different (the range of</li> </ul>	All Shapes & Sizes	Body Image	Body Image and media portrayal
Use correct names for certain body parts	Use correct names for certain body parts	normality)	<ul> <li>How bodies are similar and different (the range of</li> </ul>	How bodies are similar and different (the range of	<ul> <li>Managing worries associated with growing up</li> </ul>
Be aware of how to take care of our bodies	Be aware of how to take care of our bodies	Respect and Consent	normality)	normality)	Know what makes us unique and special
Toilet hygiene	Dental hygiene	<ul> <li>How to identify and communicate our feelings</li> </ul>	Body image & how fashion changes	Respect and Consent   • How to	Respect and Consent •
Dental hygiene	Growing & Changing	Asking permission to touch other people (consent)	Respect and Consent	respond to 'uh oh' feelings	How to respond to 'uh oh' feelings
	How bodies are similar and different (the range of	<ul> <li>How to respond to 'uh oh' feelings</li> </ul>	How to identify and communicate our feelings		
	normality)		<ul> <li>Asking permission to touch other people (consent)</li> </ul>		
			<ul> <li>How to respond to 'uh oh' feelings</li> </ul>		
	Being a Big Kid  Know what makes each of us unique and special  Understand that our private parts belong only to us  How to respond to 'uh oh' feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  My Body  Use correct names for certain body parts  Be aware of how to take care of our bodies  Toilet hygiene	Being a Big Kid  Know what makes each of us unique and special  Understand that our private parts belong only to us  How to respond to 'uh oh' feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Why Body  Use correct names for certain body parts  Be aware of how to take care of our bodies  Toilet hygiene  Dental hygiene  Being a Big Kid  * Know what makes each of us unique and special  * How to respond to 'uh oh' feelings  * Who we can speak to about our feelings  * Understand how our bodies ell us things  My Body  * Use correct names for certain body parts  * Be aware of how to take care of our bodies  * Dental hygiene  Growing & Changing  * How bodies are similar and different (the range of	Being a Big Kid  Know what makes each of us unique and special  Understand that our private parts belong only to us  How to respond to 'uh oh' feelings  Who we can speak to about our feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Who we can speak to about our feelings  Understand how our bodies tell us things  Who we can speak to about our feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Who we can speak to about our feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Who we can speak to about our feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Who we can speak to about our feelings  Understand how our bodies as Sizes  Why Body  Use correct names for certain body parts  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  Be aware of how to take care of our bodies  How to identify and communicate our feelings  Asking permission to touch other people (consent)  How to respond to 'uh oh' feelings	Being a Big Kid  Know what makes each of us unique and special  Understand that our private parts belong only to us  How to respond to 'uh oh' feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Use correct names for certain body parts  Use correct names for body back are similar and different (the range of normality)  How bodies are similar and different (the range of normality)  Respect and Consent  How to identify and communicate our feelings  Aking permission to touch other people (consent)  How to identify and communicate our feelings  Aking permission to touch other people (consent)	Being a Big Kid  Know what makes each of us unique and special  Understand that our private parts belong only to us  How to respond to 'uh oh' feelings  Who we can speak to about our feelings  Understand how our bodies tell us things  Under