

# Flapjacks

Please note: Adult supervision will be required.

## Ingredients

150g unsalted butter, cubed  
100g Demerara sugar  
2 tbsp Golden Syrup  
200g oats  
1/8 tsp salt



## Method

1. Pre-heat oven to 160°C
2. Line a baking tray with parchment paper.
3. Melt the butter in a saucepan over a medium heat and add the sugar and Golden Syrup.
4. Stir continuously over a low heat until the butter has melted.
5. Add the oats and salt and mix well until the oats are coated.
6. Remove from the saucepan and spread evenly in the baking tray.
7. Bake for 25-30 minutes until golden brown.
8. Remove from oven and allow to cool, cut into squares whilst still slightly warm.

Recipe available from: <https://www.youtube.com/watch?v=NvJwvAlYI84>