



The Journey to School

Even if your child has been at nursery or pre-school for a while, the leap to 'Big School' can feel like a challenge. Teachers from our family of schools have come together to create this 'Journey to School' and hope that you enjoy completing it with your child.



How can you help?

There are a number of key skills that will help your child to manage some of the situations they will face during a normal school day. The following statements are a guide to the kind of skills you can help your child develop before they start school in September. Every child is different and we wouldn't expect all children to be able to do all of these things; but using this guide will help you understand where your child might need additional support, which areas you can work on and which areas you may need to talk through with your child's new teacher.

Eating

- I can use a knife and fork.
- I can recognise my own lunchbox.
- I can open my packed lunch.
- I will have a go at peeling a piece of fruit.

Sharing and turn taking

- I can share toys and take turns.
- I like playing games with others.
- I can interact with other children.

Routines

- I have practised putting on my uniform and getting ready to leave on time.
- I have a good bedtime routine so I'm not feeling tired for school.

Getting dressed and undressed

- I can recognise my name on my clothes.
- I can put my own shoes and socks on.
- I can change into my PE kit.
- I can put my coat on.

Self-care

- I can go to the toilet on my own.
- I can wipe myself and flush.
- I can wash and dry my hands.
- I can wipe my nose.
- I can ask for help if I don't feel well.

Curiosity to learn

- I can recognise my name.
- I can listen to a story.
- I can join in with singing.
- I can listen to and follow simple instructions.

We have chosen six key skills for your child to focus on between now and September. These can be found on your child's 'Journey to School' chart.

