

19 June 2025

Dear Parents

All children in Year 5 and 6 will take part in Personal, Social and Health Education on the subject of Growth and Puberty including Relationships and Sex Education. This year we are using material from Facts4Life and using updated clips from Amaze org.

All the clips can be viewed on YouTube and the links are below.

Topic	Link	Comment
Different Shapes and Sizes: All beautiful.	https://www.youtube.com/watch?v=Fcy_VQZG5Dg	Year 5 and 6
Dove Evolution: Body image	https://www.youtube.com/watch?v=iYhCn0jf46U	Year 5 and 6
Top signs a boy is going through puberty	https://www.youtube.com/watch?v=onggxBVI4qw	Year 5 and 6
Top signs a girl is going through puberty	https://www.youtube.com/watch?v=r6oka_hqMJk	Year 5 and 6
Wet Dreams	https://www.youtube.com/watch?v=q_mWKHpEhaU&iist=PLwKLUKhFLWhY53eKhryOkv2TSupdO6xhT&index=14	Year 6 only
Menstruation	https://www.youtube.com/watch?v=DBe7-PHRav8&list=PLwKLUKhFLWhY53eKhryOkv2TSupdO6xhT&index=15	Year 6 only
Pregnancy and Reproduction	https://www.youtube.com/watch?v=OejdOS4lqeE&list=PLwKLUKhFLWhYoU638Q_oJz4SV0uhQT8JH&index=7	Year 6 only

The children will be covering these aspects of their education during the week beginning 23 June 2025. As in previous years, this will cover all aspects of puberty, changes to their bodies and emotions, feelings and exploring their relationships with family, friends and each other.

If you do not want your child to take part in the series of lessons, please write to Mr Smith.

Thank you

Yours sincerely



PAUL SMITH - Head teacher